

St. Dominic February Frenzy Tournament Rules



<http://www.stdominicathletics.org>

IHSA rules will be in effect with the following exceptions:

- **All games will be played with two halves, 19 minutes each**
It will be a running clock except for the last 2 minutes of each half and time-outs

Overtime periods will be 2 minutes long.

- Timeouts: 3 full (1-minute) timeouts per game. Each team receives one additional timeout for each overtime period.
- Time at half: 5 minutes
Time between games: 6 minutes
- Boys and girls at the 5th-grade level are allowed have FULL-COURT PRESSURE for the last 2 minutes of the game and overtime.

Boys and girls at the 6th-grade level will be permitted full-court pressure for the last 6 minutes of the 2nd half and overtime.

7th and 8th grades can press the full game if the lead is 9 points or under.

The Team leading cannot press with a 10 point lead.

- The 3-point shot will be in effect for all grade levels, boys and girls.
- All girls teams and 5th & 6th Boys Teams will use a 28.5-inch ball.
St. Dominic will provide practice balls.
- Fouls:
A one-and-one bonus free throw will occur on the 7th team foul.
A super bonus of 2 free throws will occur on the 10th team foul.
- Free throws will be shot at the 15-foot line for 6th grade boys and girls.
Free throws will be shot at the 14-foot line for 5th grade boys and girls.
- Players may play **UP** to the next grade level. Players MAY NOT play **DOWN**. Players on a "B" team may also play up on the "A2" team if entered.
- IHSA-certified referees will be officiating.