

DuPage Volleyball Association

“Short List” of Rules- 2011

Host School Requirements:

- A League assignor will be scheduling all regular season and tournament matches
- Down Officials are only required for semi & final matches of the post-season tournament. If a school chooses to use down officials during the regular season, it is their responsibility to schedule and pay those officials without reimbursement from the League.

Team Uniform Requirements:

- All uniform bottoms must be of like color (The penalty for an illegal uniform that cannot be changed before the start of the match is a point/loss of rally to the opposing team. (Voting issue-passed 2008).
- Jewelry is PROHIBITED (**Earrings CANNOT BE TAPED**)

***BOBBY PINS and FLAT HAIR CLIP BARRETTS ARE LEGAL**-up to 2 inches long with no adornment. Non-flat or adorned barrettes, hard headbands, and headbands with sequins are PROHIBITED. The penalty for having earrings or hair clips is a “delay of game” which results in a charged Time-Out. If a team does not have any Time-Outs left, the penalty is a point to the other team.

Conduct

- Coaches must remain seated on the bench while the ball is in play. Only the head coach can stand during a dead ball to coach the team or request Substitutions or Time-Outs. Only the head coach can approach the scorer’s table and only when the Up Official allows it.

Warm-Ups

- Warm-Up time will be 4-4-2 minutes: 4 minutes for the visiting to have the entire court, 4 minutes for the home team to have the entire court, and 2 minutes combined serving time with each team limited to their side. This format can be shortened only when both head coaches mutually agree.

Substitutions

- Once the line-up has been submitted by the required deadline before the start of the game and **prior to play commencing, the head coach may request and be granted a substitution.** (New NFHS rule in 2010)

Legal Hits

- **The ball may contact any part of a player’s body** (changed 2009-2010 from only being able to contact the ball above the waist).

Serving: (Grade Level Modifications)

- All **OVERHAND** serves (5th, 6th, 7th, & 8th boys and girls) must be executed from behind the court end line.
- All **UNDERHAND** serves (6th, 7th, & 8th boys and girls) must be executed from behind the court end line.

2008-Define Overhand and Underhand Serves (Overhand serve is when ball is contacted from shoulder height or above. Underhand serve is when contact of the ball is made BELOW shoulder height.

- Any **UNDERHAND** server in 5th grade (boys and girls) may serve from a clearly marked line that is 5 feet in from the court's end line.
- 5th & 6th grade servers can only serve 3 consecutive points per Term of Service*

***Term of Service** means that only 3 service points can be scored for each **position** that rotates to serve on the court, regardless of how many players it takes to serve those three points. If a server has served less than the three consecutive points and is substituted out of the game, the substitute does not get an additional 3 serves during the same "term of service". The substitute is allowed to serve only as many times as are left in the 3 initial service opportunities.

- When a 5th or 6th grader serves 3 consecutive points (either underhand or overhand), his/her team retains the serve, but rotates to the next server. If the server does not rotate after 3 consecutive serves and continues to serve, any additional points scored will be cancelled and a loss of rally will be charged to the serving team resulting in a point scored by the opposing team.

Rosters/Lineups:

- All home and away teams must submit a team roster to the scorekeeper prior to the start of the match to be retained by the host school.
- All host schools must retain all rosters for the balance of the season.
- All teams must provide a written lineup to the scorekeeper prior to the start of each game in the match.
- The written lineup must be listed in proper serving order.
- The written lineup must be left at the scorer's table during the match.

Forfeit:

- Should either team fail to arrive and be ready for the coin-toss by 5 minutes after the scheduled starting time of the match, that team shall forfeit the first game of the match. If the team does not arrive within the next 5 minutes, they shall forfeit the second game and therefore the match.
- A team **MUST** begin the match with 6 players on the court.
- A forfeit will occur if a team only has 5 players to start the match.
- If a team has fewer than six eligible players due to illness, injury, or disqualification after the start of the match, it shall continue play.
- A team cannot choose to play with fewer than 6 players due to the above conditions when eligible substitutes are on the bench available to play.
- If a team continues play with 5 players a point/loss of rally will be granted to the opponent each time the 6th player ("ghost player") would have served.
- A team forfeit occurs when a team has less than 5 eligible players to continue the match.

Practice Begins

- 5th grade team may begin practice 4 weeks prior to the first weekend of play.
- 6th-8th grade teams may begin practice 3 weeks prior to the first weekend of play.

Officials Pay

- Up Officials (R1)- \$28.00/regular season match
- Up Officials (R1)- \$28.00/post-season tournament match
- Down Officials (R2)-\$28.00/semi & final post-season tournament matches ONLY
- Scorekeepers-\$7.50/match (regular & post-season) Approved 04/2010

Rule Changes (2011)

- **NFHS/IHSA- NONE**

- DuPage Parochial League- NONE